# DERMASTAMP AND **CLEAR & BRILLIANT LASER AFTERCARE**



Please see the website www.absolutemakeover.com.au for more information.

## DERMASTAMP AFTER CARE

### WHAT TO EXPECT DIRECTLY AFTER A TREATMENT:

You can expect redness, heat, swelling, tenderness, dot bleeding, erythema. Keep skin cool with a cold compress.

Take Panadol or Panadeine when required, but NO anti-inflammatories.

No make-up for 24hrs post-treatment until the area has healed. Avoid sun and wear SPF 50+ sunblock daily. Apply gentle cleanser and moisturiser such as Cetaphil or Dermaveen.

### **CLEAR & BRILLIANT LASER**

### WHAT TO EXPECT DIRECTLY AFTER A TREATMENT:

You can expect redness and subtle inflammation to the treated area. This commonly resolves within a few hours or may last until the following day.

Icepacks can be used to relieve symptoms of heat, itching and swelling. Avoid direct contact with the skin. Your skin may turn slightly darker, feel dry like sandpaper, and flake. This should resolve within a week after treatment. Wear sunscreen and a hat when outside. Avoid direct sun exposure during your treatment period.

Allow your skin to heal. Do not rub, scrub or exfoliate the treated area. Use a bland cleanser and moisturiser during this time. If the skin is broken, or you develop a scab or blister, apply Vaseline or a 1% hydrocortisone cream (e.g. Dermaid), available over the counter from pharmacies. If signs of infection develop (redness, pain or pus) contact us immediately.

Make-up can be applied as long as the skin is not broken, and can lessen the appearance of redness.

If you have any concerns about your treatment, please do not hesitate to contact us on (08) 9389 9099.

## HAVE YOU ENJOYED YOUR EXPERIENCE AT **ABSOLUTE COSMETIC MEDICINE?**

### WE WOULD LOVE TO HEAR FROM YOU. JUST FOLLOW THESE 3 EASY STEPS.

#### STEP I

Search "Absolute Cosmetic" on your web browser and then type in your clinic location (e.g. Nedlands, Joondalup, Morley, Applecross or Ellenbrook). You should get a screen like this. Click the blue section.

STEP 2

After clicking the link, you should now be on our Absolute Cosmetic Google Reviews Listing. Scroll down until you see something that looks like this:

STEP 3

From here, you simply need to click the 5th star and write your review. You may be prompted to login into your Google account (Gmail or Non-Gmail Based) to do so.

### And that's it! Thank you for choosing to leave a positive review for Absolute Cosmetic Medicine and sharing your feedback with others, we are so very appreciative!

#### PLEASE NOTE: OUR SOCIAL MEDIA POLICY

We are always striving to improve and appreciate realistic, constructive criticism. We have a procedure for complaints which includes ringing the Practice Manager Karina on 9389 9099. There is a great concern in the medical community regarding fake, good/bad reviews and libellous comments on social media. Recently a doctor was awarded \$480,000.00 for such comments. We value our reputation strongly with over 20 years' experience in the cosmetic industry and offer some services few other clinics offer. For example we offer some of the most experienced practitioners in Australia, with an afterhours urgent assistance number given. We also offer a complimentary second consultation so you are fully aware of the risks.

We have the most caring and attentive staff members who are there to assist you. Remember consent forms must be clearly read and understood orior to treatments as you must be aware complications are rare in our clinic but do occur and our experience is the key to resolving these

So we do greatly appreciate your positive reviews and comments and hope you respect our request to address any complaints to our practice manger. Please note this is a condition of treatment and any incorrect or libelious comments made will incur legal action.



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