



ABSOLUTE
COSMETIC MEDICINE

RENUVION® INFORMATION

Plasma Renuvion Skin Tightening is a surgical skin tightening procedure that utilises stable helium gas. The helium gas is energized by radiofrequency (RF) waves to convert to plasma at a lower temperature to induce skin tightening. This procedure is ideal for those who have mild to moderate loose skin from age, weight-loss or pregnancy. It is also ideal for those who wish to prevent potential loose skin after liposuction or don't want invasive surgery or extensive downtime and scarring. The Renuvion procedure can be performed on its own or in conjunction with other surgical procedures such as Vaser Pro Liposculpture or a Thread lift.

Areas that can be treated with Renuvion include – abdomen, flanks, neck, arms, inner and outer thighs, hips, back, buttocks, knees and calves.

WHAT HAPPENS DURING THE RENUVION PROCEDURE?

This procedure is commonly performed alongside Vaser Pro Liposculpture for optimum results. The J Plasma probe is inserted into a small, strategically placed incision. The small handheld device ionises helium gas and radio frequency energy to create helium plasma. As the device moves across the area being treated, the plasma heats the underside of the skin, causing the skin to contract while simultaneously stimulating collagen production.

Helium plasma cools quickly to 41 degrees, making J Plasma body contouring a lower risk procedure; with less risk of damage to surrounding tissue.

RECOVERY

It is normal to expect discomfort for the first few days post-op but patients can usually resume their normal activities within a few days. Some patients may only require 24 hours downtime. As the incisions used for the Renuvion procedure are very small you can expect little downtime with little to no scarring. You may experience mild to moderate swelling, bruising and soreness following your procedure.

WHEN SHOULD I SEE RENUVION RESULTS?

Some patients may see instant results including visibly tighter, firmer skin. The collagen stimulation will continue to work over time (3 to 9 months) to firm and rejuvenate the treated area. Due to the results enhancing the structure and integrity of the skin, results will be natural looking. Your skin will not appear stretched as it can with alternative surgical skin tightening procedures. The Renuvion procedure delivers long lasting, relatively permanent results, as long as you maintain a healthy lifestyle and understand that your skin will continue to age naturally. Results can vary from patient to patient due to different genetics and original skin condition.

WHY CHOOSE ABSOLUTE COSMETIC FOR YOUR RENUVION PROCEDURE?

Absolute Cosmetic has over 20 years of full-time experience in Cosmetic Medicine and was one of the first fulltime cosmetic clinics in WA.

We offer a full range of surgical and non-surgical rejuvenation options to ensure that we can offer a treatment that suits your needs.

Our Doctors are highly experienced - Dr Glenn Murray has over 20 years of full time experience in Cosmetic Medicine.

Dr Murray was the first in Australia to be trained in the Renuvion procedure and Absolute Cosmetic Medicine was the first clinic in Australia to purchase this equipment.

We are health department licensed and fully insured to perform this procedure.

Please see our FAQ blog on Renuvion on our website for further information and to answer any other questions you may have.

Any surgical or invasive procedure carries risks. Before proceeding you should seek a second opinion from an appropriately qualified practitioner.