

# FOX EYE THREADS INFORMATION

## WHAT IS THE FOX EYE THREADS TREATMENT?

The Fox Eye Thread-lift works by pulling up the outer brow and/or eye crease using Threads.

The Threads are placed under the skin via needles. These threads have either cones or barbs to hold the skin positioned once they are in place. A local anaesthetic or numbing cream can be applied prior to this. The procedure takes around 30-minutes, depending on the number of threads required. The stronger, more permanent threads can be performed under sedation.

## WHAT ARE THREADS?

The Thread is made from a complex sugar polydioxanone or PDO - a safe suture material that has been used in orthopaedic and cardiovascular surgeries for over 30 years. Treatments involve minimal pain and minimal downtime, and the results can be seen immediately, so you can look and feel your best in no time. It's time to stop worrying and start rejuvenating!

## WHAT ARE THE RESULTS OF THE TREATMENT?

You do not have to wait weeks and months to see your results.

Although individual results may vary, common results achieved include:

- Heart shaped, higher cheekbone contour
- Exotic, cat eye contour
- Snatched, defined jaw line
- Softer smile lines
- Softer eyebrows
- Smoother neck lines

Please be aware that each area requires a different technique and thread. Your Doctor will discuss this with you at your consultation.

## HOW LONG DOES THE EFFECT OF MINT™ THREADS LAST?

Immediate results can be seen once the threads have been inserted, however, the *results may improve for 3-6 months after the procedure, and are expected to last up to 12 months, although longevity of effect will vary from patient to patient.*

Immediately after the lifting and placements, there will be a series of needle marks on each side of the face. These will remain visible for the rest of the day, although most people are able to cover them up the next day with make-up. Excess pulling will also be noted.

You may experience some bruising and swelling around the sutures, although this tends to be minor and short-lived. For up to a week after the procedure, it may feel tender around the sutures.

## BEFORE THE TREATMENT:

No special preparation is required prior to treatment. However, we recommend that you discuss your expectations and ask your doctor any questions you have before starting treatment. Inform the doctor of any treatment you have already received and of any medications you are currently taking. General pre-procedure steps such as avoiding aspirin, anti-inflammatories and non-essential blood thinners are recommended (see website for more info).

## **POST-TREATMENT RECOMMENDATIONS:**

After the treatment, slight bruising may occur. Sometimes, skin irregularity may appear at the entry points. These will disappear a few days after treatment.

The doctor may prescribe an antibiotic cream to apply on the entry and exit points of the sutures.

- Take analgesia e.g., paracetamol in case of pain (2-3 days)
- Refrain from applying make-up for a minimum of 24 hours
- Sleep face up, in an elevated position on pillows (3-5 nights)
- Wash, shave and dry face gently without rubbing or massaging (5 days)
- Avoid excessive face and neck movements (2 weeks)
- Avoid over-exposure to direct sunlight and do not use tanning beds (2 weeks)
- Avoid sports and exercise (2 weeks)
- Avoid dental surgery (2 weeks)
- Avoid face and neck massages and face and neck aesthetic treatments (4 weeks)